

**Podiums por Categorías**

**Categoría: GEN MAS**

| P. Cat | Dor | Nombre                   | Pos | Club                             | T. Oficial | Ritmo       |
|--------|-----|--------------------------|-----|----------------------------------|------------|-------------|
| 1      | 13  | JAOUAD EL BISSIS         | 1   | INMOBILIARIA TEO VALDEPEÑAS CLUB | 00:20:31   | 2:58 min/km |
| 2      | 43  | HAFID MHAMDI             | 2   | INDEPENDIENTE                    | 00:20:40   | 2:59 min/km |
| 3      | 46  | DAVID DE LA CRUZ SANCHEZ | 3   | LIBERBANK CLUB ATLETISMO TOLEDO  | 00:20:59   | 3:02 min/km |

**Categoría: GEN FEM**

| P. Cat | Dor | Nombre                     | Pos | Club                | T. Oficial | Ritmo       |
|--------|-----|----------------------------|-----|---------------------|------------|-------------|
| 1      | 11  | ALBA MARIA REGUILLO MORENO | 11  | ASODISAL ATLETICS   | 00:24:38   | 3:34 min/km |
| 2      | 45  | SONIA RUIZ ANDRADE         | 17  | TRAININGREY TELLO   | 00:25:14   | 3:39 min/km |
| 3      | 64  | VICTORIA GARCIA VAQUERO    | 31  | ROMERAL VIVO DANCOS | 00:26:26   | 3:49 min/km |

**Categoría: JUV-JUNIOR M**

| P. Cat | Dor | Nombre                   | Pos | Club                      | T. Oficial | Ritmo       |
|--------|-----|--------------------------|-----|---------------------------|------------|-------------|
| 1      | 82  | JAVIER ROMO OLIVER       | 4   | ATLETISMO MANCHEGO        | 00:21:40   | 3:08 min/km |
| 2      | 111 | ANTONIO MARTIN DIAZ      | 19  | TEAM JJJ RUNNING          | 00:25:26   | 3:41 min/km |
| 3      | 70  | RAFAEL DIAZ RULLO LOPEZ  | 23  | INDEPENDIENTE             | 00:25:56   | 3:45 min/km |
| 4      | 113 | MARCOS FERNANDEZ CARMONA | 38  | CLUB ATLETISMO VILLACANAS | 00:26:56   | 3:54 min/km |

**Categoría: JUV-JUNIOR F**

| P. Cat | Dor | Nombre                | Pos | Club                      | T. Oficial | Ritmo       |
|--------|-----|-----------------------|-----|---------------------------|------------|-------------|
| 1      | 33  | EMMA GONZALEZ REDONDO | 63  | TRAININGREY TELLO         | 00:31:02   | 4:29 min/km |
| 2      | 23  | MARTA VILLAREJO MUÑOZ | 105 | CLUB ATLETISMO ALMORADIEL | 00:45:15   | 6:33 min/km |

**Categoría: PRO-SENIOR M**

| P. Cat | Dor | Nombre                       | Pos | Club                          | T. Oficial | Ritmo       |
|--------|-----|------------------------------|-----|-------------------------------|------------|-------------|
| 1      | 110 | SAMIR EL GARNI EZ OUHAZ      | 5   | C.A. MANCHEGO                 | 00:22:24   | 3:14 min/km |
| 2      | 85  | RODRIGO JOSE NAVARRO SESMERO | 6   | CA CLUB ATLETISMO ALBACETE    | 00:23:19   | 3:22 min/km |
| 3      | 41  | RUBEN ANGEL FERNANDEZ        | 7   | CLUB ATLETISMO LEGANÉS        | 00:24:07   | 3:29 min/km |
| 4      | 104 | ANGELO ORGANERO VIÑAS        | 9   | INDEPENDIENTE                 | 00:24:29   | 3:32 min/km |
| 5      | 22  | RICARDO GOMEZ MARTINEZ       | 15  | ATLETISMO MANCHEGO            | 00:25:08   | 3:38 min/km |
| 6      | 49  | IGNACIO ROMO DIAZ ALEJO      | 20  | CA LAS LAGUNAS DE VILLAFRANCA | 00:25:35   | 3:42 min/km |

**Categoría: PRO-SENIOR F**

| P. Cat | Dor | Nombre            | Pos | Club                       | T. Oficial | Ritmo       |
|--------|-----|-------------------|-----|----------------------------|------------|-------------|
| 1      | 5   | MONICA VALDEPEÑAS | 48  | CLUB ATLETISMO LAS LAGUNAS | 00:27:48   | 4:01 min/km |
| 2      | 44  | ROSA VILLA SIERRA | 89  | TRAININGREY TELLO          | 00:36:16   | 5:15 min/km |



## XII CAPOVI NOCTURNA

### ADULTOS

Fecha: 29/07/2018

Distancia: 6.9km

### Podiums por Categorías

#### Categoría: VETA M

| P. Cat | Dor | Nombre                    | Pos | Club                      | T. Oficial | Ritmo       |
|--------|-----|---------------------------|-----|---------------------------|------------|-------------|
| 1      | 98  | CARLOS MARTIN PEREZ       | 8   | ATLETISMO MANCHEGO        | 00:24:15   | 3:30 min/km |
| 2      | 72  | JOSE ANTONIO ROMERO NIETO | 12  | INDEPENDIENTE             | 00:24:48   | 3:35 min/km |
| 3      | 6   | JOSE MARTINEZ TORRESANO   | 13  | CLUB ATLETISMO ALMORADIEL | 00:25:00   | 3:37 min/km |
| 4      | 75  | LUIS ARANDA LUIS          | 18  | ATLETISMO VILLACAÑERO     | 00:25:23   | 3:40 min/km |
| 5      | 86  | DAVID GALLARDO ARELLANO   | 25  | TRAININGREY TELLO         | 00:25:57   | 3:45 min/km |
| 6      | 15  | JAVIER SANCHEZ CICUENDEZ  | 27  | CLUB ATLETISMO ALMORADIEL | 00:26:02   | 3:46 min/km |

#### Categoría: VETA F

| P. Cat | Dor | Nombre                       | Pos | Club                       | T. Oficial | Ritmo       |
|--------|-----|------------------------------|-----|----------------------------|------------|-------------|
| 1      | 114 | DIANA ZAMORANO CARPINTERO    | 76  | INDEPENDIENTE              | 00:32:43   | 4:44 min/km |
| 2      | 20  | CRISTINA PEREA VALLE         | 79  | TRAININGREY TELLO          | 00:32:48   | 4:45 min/km |
| 3      | 79  | MARIA JESUS GUIJARRO SEVILLA | 86  | SUPÉRATE RUNNER MADRIDEJOS | 00:35:05   | 5:05 min/km |
| 4      | 103 | GEMA LOPEZ PRISUELOS         | 91  | INDEPENDIENTE              | 00:36:39   | 5:18 min/km |
| 5      | 36  | INMACULADA CARRASCOSA MORA   | 98  | INDEPENDIENTE              | 00:39:52   | 5:46 min/km |
| 6      | 30  | ROSA Mª LOPEZ MORENO         | 101 | INDEPENDIENTE              | 00:40:24   | 5:51 min/km |

#### Categoría: VETB M

| P. Cat | Dor | Nombre                       | Pos | Club                         | T. Oficial | Ritmo       |
|--------|-----|------------------------------|-----|------------------------------|------------|-------------|
| 1      | 52  | ALBERTO PEREZ MARTIN         | 10  | TRAININGREY TELLO            | 00:24:36   | 3:33 min/km |
| 2      | 63  | MIGUEL ANGEL SALAS HERNANDEZ | 14  | ROMERAL VIVO DANCOS          | 00:25:00   | 3:37 min/km |
| 3      | 29  | JOSE ANTONIO ROMO VALDEPEÑAS | 16  | CLUB ATLETISMO LAS LAGUNAS   | 00:25:13   | 3:39 min/km |
| 4      | 62  | LUIS MARTIN GOMEZ ROMAN      | 26  | INDEPENDIENTE                | 00:26:00   | 3:46 min/km |
| 5      | 50  | LORENZO CASTELLANOS ROMERO   | 32  | INDEPENDIENTE                | 00:26:31   | 3:50 min/km |
| 6      | 83  | JAVIER ROMO VALDEPEÑAS       | 44  | CA LAS LAGUNAS DE VILAFRANCA | 00:27:41   | 4:00 min/km |

#### Categoría: VETB F

| P. Cat | Dor | Nombre                   | Pos | Club                      | T. Oficial | Ritmo       |
|--------|-----|--------------------------|-----|---------------------------|------------|-------------|
| 1      | 68  | GEMA FERNANDEZ PEDRAZA   | 39  | ATLETISMO MANCHEGO        | 00:26:59   | 3:54 min/km |
| 2      | 27  | ANA BELEN RUBIO GARCIA   | 53  | ATLETISMO MANCHEGO        | 00:29:38   | 4:17 min/km |
| 3      | 60  | VERONICA MARIN RIVERA    | 71  | INDEPENDIENTE             | 00:32:09   | 4:39 min/km |
| 4      | 7   | SONIA SERRANO MANZANEQUE | 80  | CLUB ATLETISMO ALMORADIEL | 00:33:28   | 4:51 min/km |
| 5      | 101 | PILAR ALCAZAR PEREZ      | 85  | TRAININGREY TELLO         | 00:34:45   | 5:02 min/km |
| 6      | 108 | ASUN QUIJORNA MERCHAN    | 87  | INDEPENDIENTE             | 00:35:58   | 5:12 min/km |



## XII CAPOVI NOCTURNA

### ADULTOS

Fecha: 29/07/2018

Distancia: 6.9km

### Podiums por Categorías

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#### Categoría: VETC M

| P. Cat | Dor | Nombre                    | Pos | Club                          | T. Oficial | Ritmo       |
|--------|-----|---------------------------|-----|-------------------------------|------------|-------------|
| 1      | 71  | FELIX RUBIO CHECA         | 21  | ATLETISMO VILLACAÑERO         | 00:25:45   | 3:44 min/km |
| 2      | 89  | ANTONIO OÑATE SUAREZ      | 22  | MIRCEA RUNNING TEAM           | 00:25:53   | 3:45 min/km |
| 3      | 53  | SANTOS LUIS RUIZ HERNANDO | 24  | INDEPENDIENTE                 | 00:25:56   | 3:45 min/km |
| 4      | 48  | EUTIQUIO PALACIOS PATIÑO  | 29  | CA LAS LAGUNAS DE VILLAFRANCA | 00:26:12   | 3:47 min/km |
| 5      | 32  | CARLOS HERNANDEZ LOPEZ    | 36  | TRAININGREY TELLO             | 00:26:48   | 3:53 min/km |
| 6      | 57  | JULIO SAELICES NOVILLO    | 43  | ATLETISMO VILLACAÑERO         | 00:27:40   | 4:00 min/km |

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#### Categoría: VETC F

| P. Cat | Dor | Nombre                     | Pos | Club                   | T. Oficial | Ritmo       |
|--------|-----|----------------------------|-----|------------------------|------------|-------------|
| 1      | 66  | ANA MARIA PASCUAL BEATO    | 84  | CLUB MARATHON ARANJUEZ | 00:34:36   | 5:01 min/km |
| 2      | 84  | INMACULADA SESMERO CARMONA | 104 | INDEPENDIENTE          | 00:42:58   | 6:13 min/km |